

Sam
and
Sammie

A-Z



Guide of
Hints and Tips
For Parents and Carers!

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Appointments

Nearly all surgeries are open late and at weekends. Try to arrange appointments after school.



A

Being Bullied?

Don't keep your child off school. There are many people that are trained and want to help. Check out www.childline.org.uk for more information.



B

Casual Absence

This means that children are being kept off school when they don't need to be. For example, to go shopping for birthday treats or pretend sickness.



C

Dinner Money

Prepare this on Sunday evenings. It will save time the following morning.



D

Encourage

Encourage your child to take part in out of school hours activities such as breakfast clubs. It allows them to experience new activities and meet new friends.



E

Friendships

Friendships at school can stay with your child for the rest of their life. Days off school make it harder for your child to fit back into friendship groups.



F

Good Attendance

This is the secret to your child's success. Good attendance is anything above 96%.

G



Happy Times

School days can be the best time of your child's life. Don't let them miss out.

H



Inset Days

These are teacher training days. Your child is not at school on these days so find out when they are. Be aware that different schools have different INSET days so don't assume these will be the same for children at different schools.

I

Jump for Joy!

Celebrate your child's attendance achievements when they are rewarded for good attendance at school.

J



Keep Fit

A healthy lifestyle means a healthy mind. A nutritious breakfast will give your child the energy they need for the rest of the day. Drinking plenty of water helps concentration too!

K



Lateness

Being late disrupts teaching plans and worries your child's friends. But if you are genuinely late please don't keep your child off for the rest of the day. Being in late and in school is better than being absent and missing out!

L

Missed Minutes

As little as 15 minutes late every year is equal to two weeks of lost learning per year!

M



New Starters

It is important to get children into good patterns of attendance from an early age so these can be carried through into later life.



N

Opportunities

It's not all maths, English and science. School is about learning how to be good citizens and treating others with respect. Children can also be part of many trips, club, groups and teams.

O

Praise

Always look for the 'positives' in testing situations rather than the 'negatives'. Have a system at home to reward and praise good behaviour.



P

Question

Ask your child about rewards they may receive for good school attendance.



Q

Ring In!

Ring school as soon as you know your child is going to be absent or late. It stops teachers and friends worrying.



R

SATs

These are very important tests that your child will sit. Absence leading up to or during this time puts your child at a significant disadvantage.



S

Term Time Holidays

Children are out of school 175 days of the year so there are plenty days to take holidays.

Holidays taken during term time may cause your child to fall behind with work.



Unauthorised Absence

This means that the school won't endorse the time your child has been away from school. For example significant lateness, holidays taken during term time or absences with no explanation.

Volunteer

Volunteer your help to nearby parents should they be struggling to get their child into school on time.



Website

Check out the school website for useful information on holidays, school opening and closing times.



XOX

Show your child love and encouragement by asking them about their school day.



You

You are legally responsible for ensuring your child attends school. Your child will thank you one day for encouraging them to attend and achieve good results.

Zzzzz

Early bedtimes make for early mornings and a better start to the school day.



Sam and Sammie



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